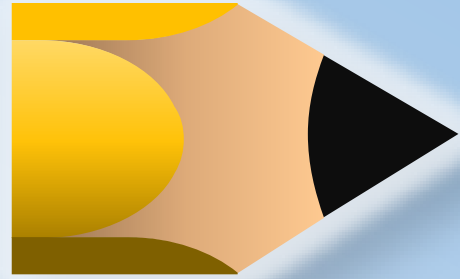
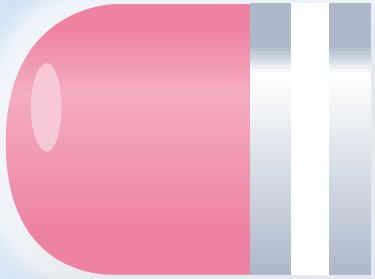
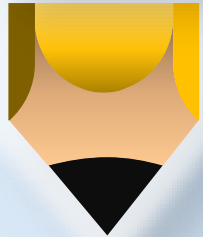
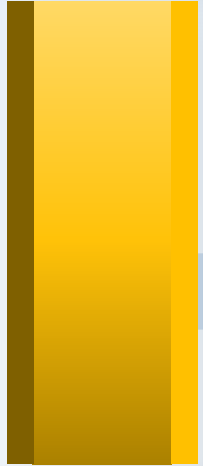
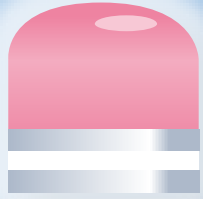
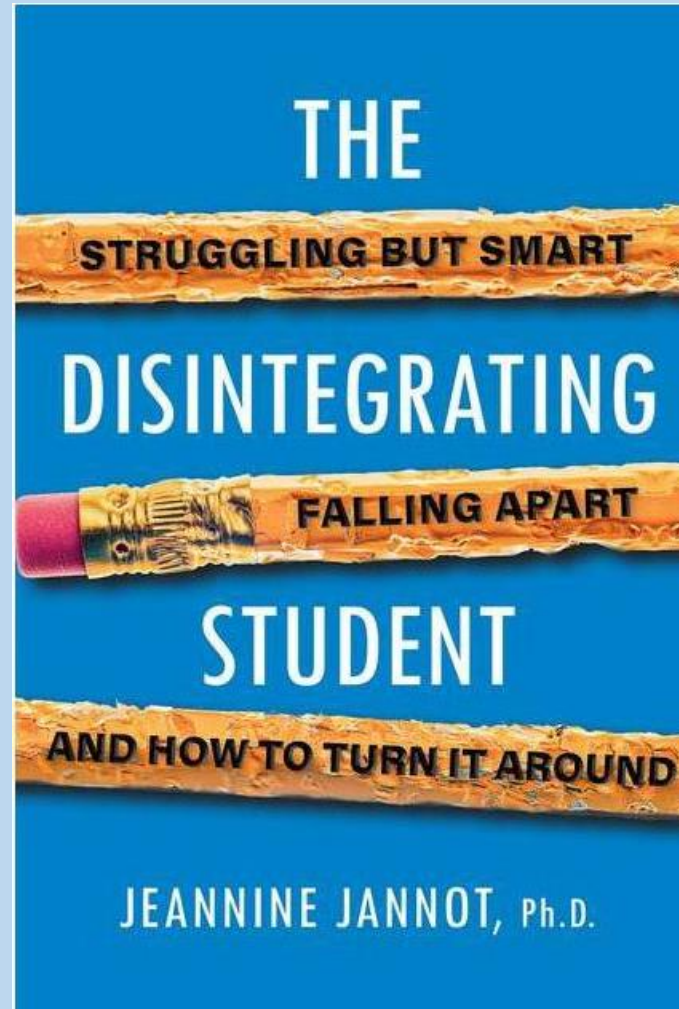

The Disintegrating Student

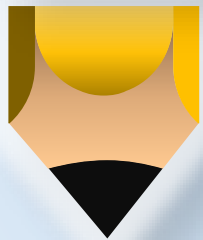
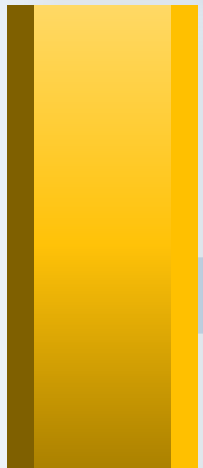
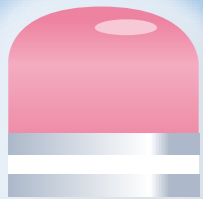


A BOOK DISCUSSION
with Kamilah Holmes



THE
BOOK

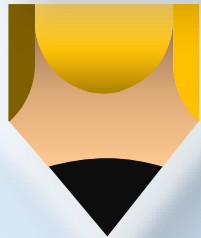
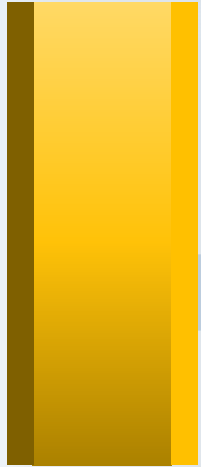
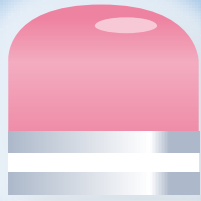




YOUR
THOUGHTS?

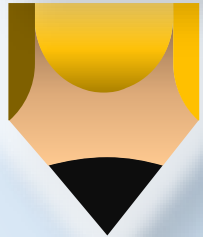
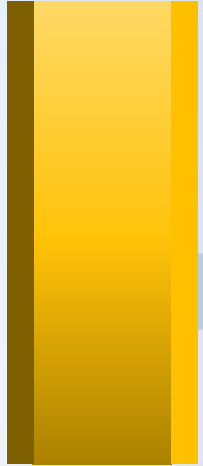
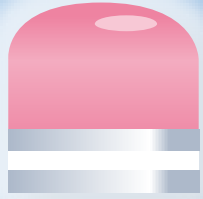


What is a disintegrating student?



- Commonly occurs in public education
- History of outstanding achievement (ability non-withstanding)
- Many identified as intellectually gifted in early years
- Without warning, conscientious, motivated student seems to fall apart (academically and emotionally)
- Lower grades is typically the most obvious sign for parents
- The “reasons” or “causes” aren’t easily identified

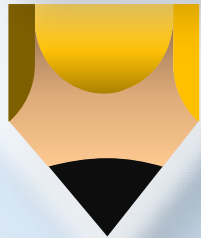
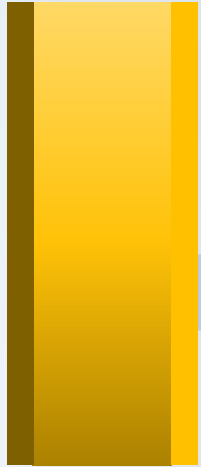
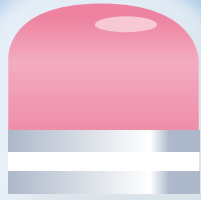
The story of “Craig”



Can you
relate?

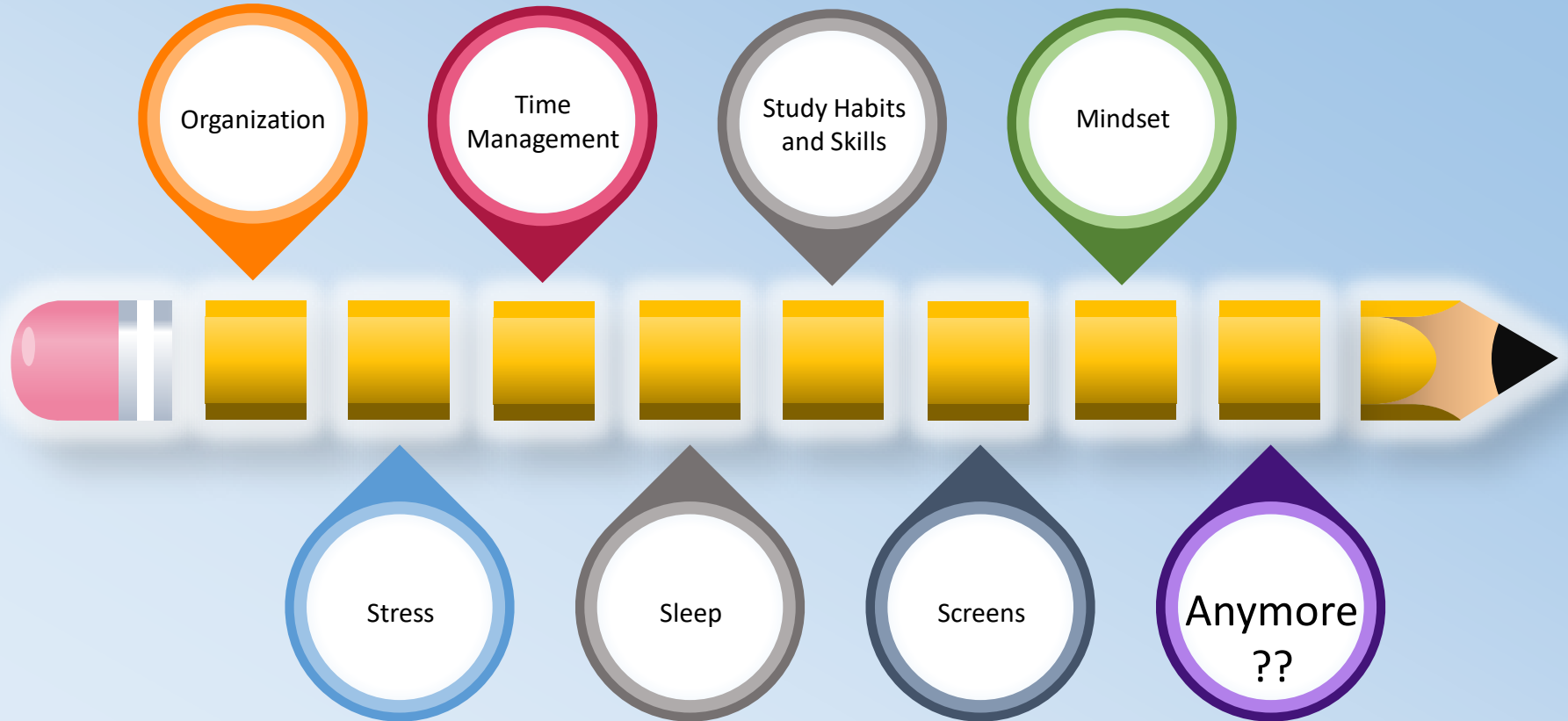


The Tipping Point

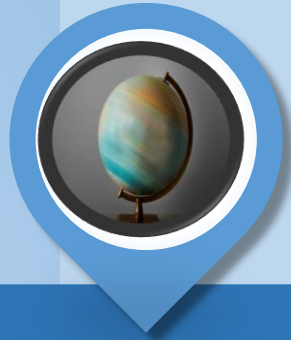


- As students progress into secondary school and encounter more (and significantly more difficult) schoolwork, they inevitably reach a point where they can no longer manage it easily. This is called the *rigor tipping point*.
- A perfect storm of external and internal pressures.
- Skill deficits and counter productive behaviors become observable
- Can happen anytime but typically during 8th and 10th grades as well as second semester of freshman year in college.

SKILL DEFICITS AND COUNTERPRODUCTIVE BEHAVIORS

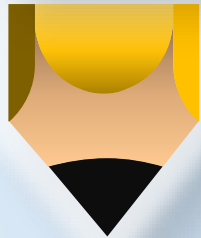
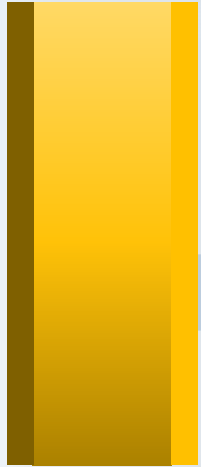
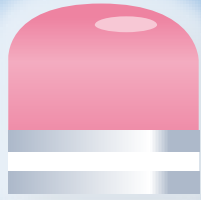


Cultural Influences



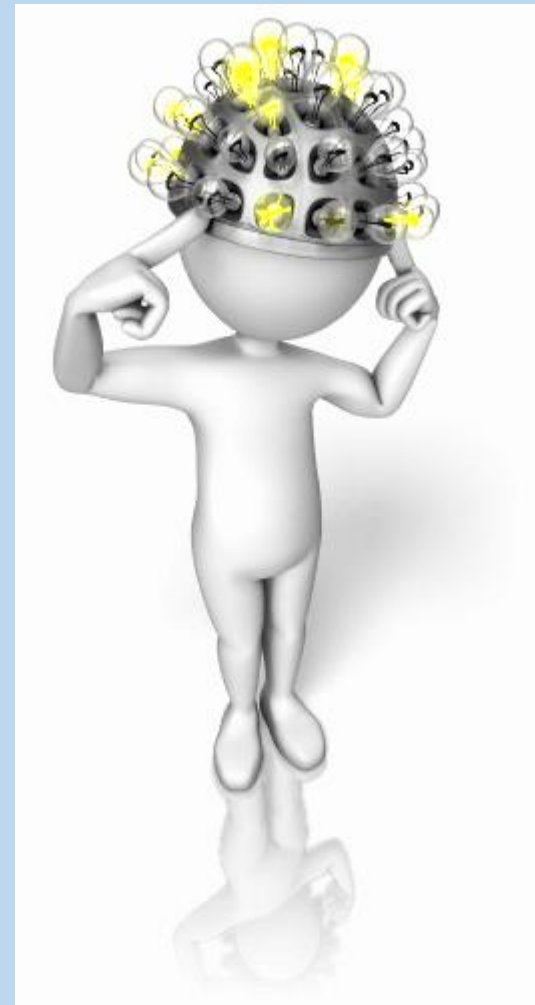
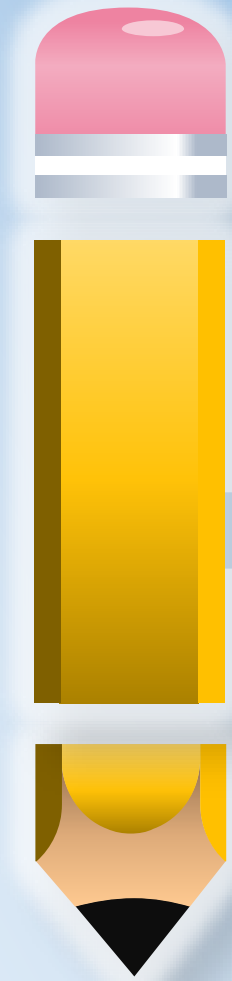
- The Virtual World
- Changing Norms of Parenting
- Education Policy

Parental Influences

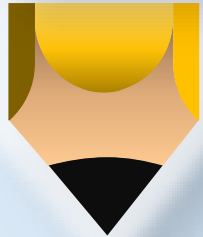
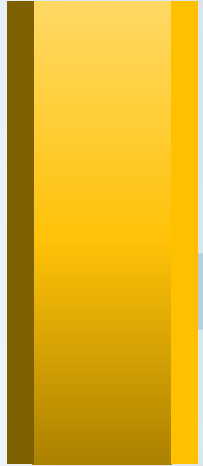
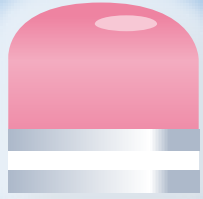


Let's listen in

- Good intentions
- Power Struggles
- Parenting Styles
- Consistency, Structure and Unconditional love
- Life Skills
- Responsibilities and Expectations
- Raising Responsible Humans



77 Tips to Be Productive and Well



Organization

Develop an S.O.S. plan

Time Management

Think of your future self

Study Habits and Skills

Be Bored

Mindset

Cultivate a growth mindset

Stress

Reach out, connect and help others

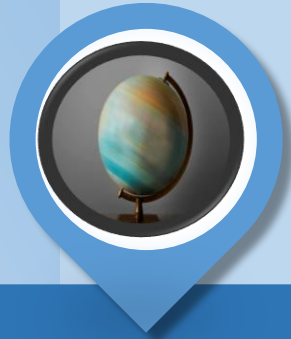
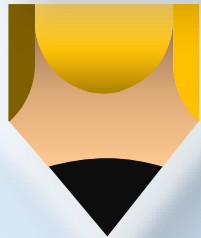
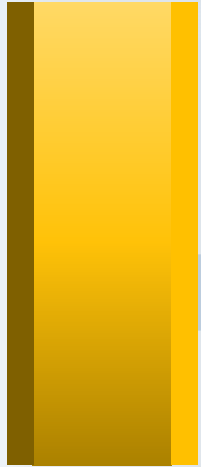
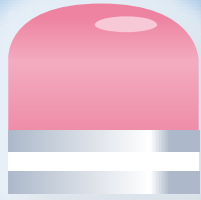
Sleep

Keep a pencil and paper by your bed

Screens

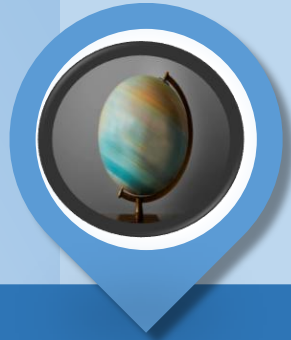
Earn it (from yourself)

Building Trust



- They ARE still growing (inside and out)
- It's NOT about us – we are growing as parents and it matters
- Understand their PERSONALITY (and yours)
- Cooperative Problem Solving
- Improving Communication
 - Undivided Attention
 - Active Listening
 - Empathy
 - Acknowledging the Good
 - Knowing your Triggers
 - Being vulnerable

SECRET SAUCE?



MINDSET